



Authentic Sicily: Culture & Gastronomy tour

Tour in Sicily living emotions of ancient traditions, discovering interesting little town and staying in touch with local community, being involved in edutainment workshops and tasting typical food.

DAY 1

Arrival at the airport and transfer to our agriturismo, a rural accommodation an ancient Sicilian Baglio of the 19th century. Day free. Dinner and overnight in agriturismo.

DAY 2: Mozia – Marsala

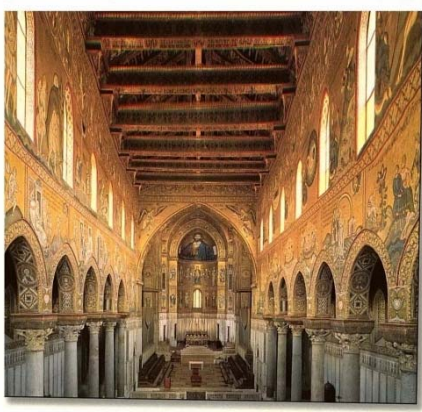


Breakfast in agriturismo.

Today we discover beautiful island of Mozia surrounded by windmill. Once there we have an archaeological trekking discovering Phoenician ruins as cothon, tophet, mosaics and a museum where are preserved interesting findings as marble statue of Young Man of Mozia. Lunch in a winery in Marsala tasting typical wine of Sicily and in the afternoon visit of Marsala downtown combining shopping to culture tour visiting Punic ship Museum. Return in agriturismo for dinner and overnight.



DAY 3: Palermo



Breakfast in agriturismo. Meeting with our tour leader and departure by coach to **Palermo**. Here, we will visit typical markets as Ballarò, Vucciria, and interesting churches and buildings that belong to the Muslim –Norman heritage (Church Martorana, Church San Giovanni degli Eremiti, Palazzo dei Normanni). Lunch in an ancient Sicilian fast food tasting all the typical gastronomy food as arancine, sfincione, panino con lepanelle, panino ca meusa. In the afternoon we continue our cultural tour reaching Monreale appreciating its cloisters and mosaics preserved in the church. Return to our agriturismo for dinner and overnight.

DAY 4: Trapani – Salt Route – Erice



Breakfast in agriturismo. Meeting with our tour leader and start of tour in Sicily visiting Museum Pepoli in Trapani. In this museum we will admire all the coral, gold and silver works created by local craftsmen. So we continue our tour in direction of the salt route visiting an ancient Sicilian baglio where we will taste all the typical olive oil of West Sicily as Nocellara, Valli Trapanesi DOP, Blend, Cerasuola and a red wine Nero d'Avola. So we continue our tour

reaching the marvellous Salt Calcare, once an island today linked to the land, where we will see the phases of production of sea salt, respecting Phoenician tradition, the ancient Muslim windmill with its salt pans. Lunch break tasting typical foods. In the afternoon we discover Erice, medieval town surrounded by defence walls that protect ancient castles, churches and beautiful buildings. Walking along the narrow streets, we will have a peaceful sweet tasting in an ancient pastry shop of Erice, that produce almond sweet respecting nun's traditions. Return in agriturismo for dinner and overnight.





DAY 5: Segesta – Salemi



Breakfast in agriturismo. Today we visit Sicilian hinterland appreciating wild valley of Belice with its little town full of history. First stop in Segesta, archaeological sites interesting for its temple and theatre. Lunch break in a typical restaurant hidden in Mountain Grande. In the afternoon relaxing walk in an ancient medieval town: Salemi with its conical layout, seeming to stay in a labyrinth, discovering castle, churches and ancient building. Return in agriturismo for dinner and overnight.

DAY 6: Selinunte – Rampinzeri – Castelvetro



Breakfast in agriturismo. Departure in direction of Selinunte, discovering the biggest archaeological area in Europe, guided by our professional guide Elena letting us know secrets of this place. After this archaeological tour we proceed to have a lunch in an ancient Castle Baglio enjoying in tasting typical dishes and Slow food of Belice Valley: Vastedda Cheese, Sausage of Santa Ninfa, Black Bread of Castelvetro. In the afternoon we will be having a nice walk in another little town: Castelvetro. There we will enjoy in



discovering the beautiful courtyards of ancient buildings and its beautiful churches. Return in agriturismo for dinner and overnight.

DAY 7: Trapani, Scurati



Breakfast in agriturismo. Today we will imagine to live Sicily of 19th century visiting an ancient cave where local community lived in the houses built inside of it and today it hosts a museum of ancient traditions. Here we will see an ancient craftsmen that work marble, a woman that weave carpets and a shepherd that produce ricotta cheese. From September to December possibility to arrange a olive oil workshop using an ancient stonemill and olive press. Lunch inside the cave and in the afternoon we can relax having a shopping in Trapani downtown, visiting a cheese farm where our guests could buy typical cheese. Return in agriturismo for dinner and overnight.



DAY 8

Breakfast in agriturismo. Transfer to airport.





Price per person per group min 15 people €1.000

Services included

- 7 nights in agriturismo in HB beverages included
- Coach bus
- Patented Guide for the archeological and cultural sites
- Tour leader
- Lunches as program
- Wine and olive oil tasting

Services excluded

- Flight
- Everything not mentioned above



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